

GILFORD PARKS AND RECREATION

"Summer Fun for All!"

2026 SUMMER PROGRAMS
(SOME SPRING & FALL ACTIVITIES, TOO!)



GILFORD PARKS AND RECREATION DEPARTMENT

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GILFORD SENIOR MOMENT-UM PROGRAM

Meetings are usually held on Mondays and a variety of activities and day trips are planned. All interested Seniors are welcome to join! The planned schedule for this spring and summer is as follows:

Thursday, May 28th – Dessert and A Show – “School Of Rock Jr.” – Free Admission

Monday, June 8th – Passport to Europe (France, Italy, and Portugal) with Monica and Peter Sawyer - \$11/person

Monday, June 22nd – Lunch & Team Trivia - \$11/person

Monday, July 13th – Happy Birthday to the USA – 250 Years Young!

Monday, July 27th – Baseball Day Celebration – “Take Me Out to the Ball Game”

Monday, August 3rd – Summertime “Name That Tune!”

Monday, August 17th – Breakfast and Bingo

Wed, Sept 9th – End of Summer Barbecue w/ Bocci & Cornhole at Gilford Beach

For more info about this friendly social group, please call the Parks & Rec Office at 527-4722.

SPRING ADULT HIKING PROGRAMS: These hikes are offered to any adult over the age of 18 looking to get outside to enjoy the great outdoors and get some exercise! Join us Tuesday mornings this spring! There may be mud but hopefully no bugs:



May 5 – Knights Pond Conservation Area (Wolfeboro)

May 12 – Locke's Hill (Gilford)

May 19 – Cogswell Mountain (Gilmanton)

May 26 – Round Pond (Gilford)

If a hike is cancelled due to weather, all participants will be notified as soon as possible. You must RSVP with the Parks and Recreation office **at least one day prior to each trip**. We will meet in the Gilford Town Hall Lobby at 9:30 AM before departing for each hike.

ADULT SPRING PICKLEBALL: Come on down to the Gilford Village Courts and join us on Friday mornings for Pickleball! Equipment will be provided unless athletes would like to bring their own. This program requires pre-registration and is open to individuals 18 years of age and older. Give us a call to register at (603)-527-4722. We have limited availability, so make sure to register!

April 17, 2026 – May 22, 2026

Cost: \$25/ 6-week outdoor session or \$5 drop in fee

Location: Gilford Village Courts

Time: 10:00 AM – 12:00 PM

In the event of inclement weather, cancellations will be sent in a mass email to all the registered participants.

GILFORD YOUTH SOCCER LEAGUE FALL PROGRAM:

For all Gilford youth who will be entering grades K through 5 in the fall of 2026.

Registration nights will be held on **Wednesday, June 3rd** and **Wednesday, July 29th**

from 5:00 PM – 6:30 PM at the Parks and Recreation Office in the Gilford

Town Hall. Participants can also register in the Rec Office during regular

operating hours or by downloading a registration form off the Parks and

Rec website and mailing it in. The early registration fee is **\$20.00 per**

child/30.00 per family - after **July 31st**, the fee will be **\$30.00 per child/\$40 per**

family. Coaches and assistant coaches are always needed and welcome! Call the Parks and Recreation Department Office at (603)-527-4722 for further information.



SPRING MOUNTAIN BIKE RIDES: The Gilford Parks and Rec Department is offering a new Spring program, Mountain Bike Rides. This is a great opportunity to get out and explore the Lakes Region on two wheels! There will be a vast variety of terrain we encounter so helmets and proper footwear are **REQUIRED!**

The weekly rides will begin on **Saturday, April 25, 2026**, and continue until the beginning of June. Our first ride location will be The Wow Trail located in Laconia!

Ride locations will be determined weekly based upon the trail and weather conditions. **We will meet at the Gilford Town Hall at 9:15 AM** to register and depart for our destination. You are more than welcome to meet us at the trailheads as well. Also, please bring water and a snack if you wish for each ride. Remember to wear the proper equipment (helmet, closed toe shoes, gloves, etc.) and dress according to the weather. Please **RSVP** to the Gilford Parks and Recreation office (603)-527-4722 **at least one day in advance of each ride**. This allows us to know how many people to anticipate and be able to notify participants of any cancellations or last-minute changes due to weather.

To RSVP or if you have any further questions, please call the Parks & Recreation office at (603)-527-4722.

GOLF LESSONS AT BOLDUC PARK: Offered to introduce and promote golf to youth and adults.

Youth Program - Ages 8-13

- Series of 3 consecutive Thursdays - Session 1: **May 7, 14, and 21**
Session #2: **June 4, 11, and 18**
- Class Time: 5:30 PM – meet at 1st Tee Box
- Registration Fee: **\$100.00** for three lessons (includes clubs and balls).



Adult Program - Ages 18 and up

- Series of 3 consecutive Tuesdays - Session #1: **May 5, 12 and 19**
Session #2: **June 2, 9 and 16**
- Class Time: 5:30 PM – meet at 1st Tee Box
- Registration Fee: **\$100.00** for three lessons (includes clubs and balls).

BOSTON RED SOX BUS TRIP:

Join us as we visit historic Fenway Park to watch the Red Sox play this season. Our trip is scheduled for **Wednesday, August 5th vs. the Chicago White Sox**. The game time is 7:10 PM. Ride to Boston in comfort aboard a motorcoach, complete with TV/DVD and lavatory. The cost of the trip is **\$110/person** and includes the cost of your ticket to the game and transportation. All other expenses are your own responsibility. Any child aged 17 or under must be accompanied by an adult guardian. Space is limited, so sign up today! Please call the Parks and Recreation Office at (603)-527-4722 for registration information.



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YOUTH TENNIS LESSON PROGRAM:

A free program sponsored by Advantage Kids for children ages 7-14. An hour-long lesson - includes a 45-minute tennis session, plus 15-minutes of mindfulness. Combining these two increases kids' ability to focus, excel academically and relate to each other!

Tuesdays and Thursdays, **June 30th to August 13th** at the Village Field Tennis Courts.
7-10 year olds 9 AM – 10 AM 11 year olds+ 10 AM – 11 AM
Cost: FREE!



Register Online on Advantage Kids website at: www.advantagekids.org

YOUTH TENNIS MATCH PLAY PROGRAM:

This program sponsored by Advantage Kids offers a competitive play opportunity for **children ages 12-17** who can rally, serve and keep score. This program will be held at the Gilford Village Tennis Courts on **Tuesdays & Thursdays** from **July 2nd to August 13th** from **11:00 AM – 12:30 PM**. Players will participate in this Junior Team Tennis program and progress through the USTA Junior Team Tennis ranks! With the help of AK Coaches, teams will be paired up with others of similar ability, play a doubles match, then a singles match each. Sets will be shortened, standings kept, and the top two teams will qualify for the 6th annual NH State Advantage Kids Championship in the Fall of 2026. Coaches will be on hand to supervise, input scores, and offer light coaching tips or assistance when needed. Players should bring their own rackets!

Cost: \$50.00/participant

Register Online on Advantage Kids website at: www.advantagekids.org

Scholarships are available with one-click during the checkout process

CHALLENGER SPORTS 'CORE' SOCCER CAMP:

This camp will be held at the Gilford Village Field **July 6th-10th** for youth ages 3-14.

Children ages 3 – 5 Tiny Tykes: 8:00 AM – 8:45 AM

Cost: \$80 (Current Early Bird Registration Rate)

Children ages 6 – 14 Half-Day Camp: 9:00 AM - 12:00 PM

Cost: \$175 (Current Early Bird Registration Rate)

Children ages 6 – 14 Full-Day Camp: 9:00 AM - 3:00 PM

Cost: \$250 (Current Early Bird Registration Rate)

Register online at www.challengersports.com. You must register by June 26th, to avoid the late fee. The camp fee includes 7.5 hours or 15 hours of instruction, a soccer ball and a camp t-shirt. CHALLENGER SOCCER coaches soccer skills within a framework of character development based on respect, responsibility, integrity, leadership and sportsmanship. They also introduce players to the geography, traditions and culture of other great soccer-playing countries.



SHOOTER'S GOLD BASKETBALL CAMP:

Under the direction of Coach Paul Hogan, the camp will be held at the Gilford Middle School Gymnasium from **July 13th-16th (Monday-Thursday)**.

- Session #1, for boys and girls entering gr. 1 - 4, will run from 8:00 AM - 10:00 AM.
- Session #2, for boys and girls entering gr. 5 - 8, will run from 10:00 AM - 2:00 PM.

SPACE IS LIMITED!!

The registration fee for session 1 is **\$105.00 starting April 1st**. The registration fee for Session II is **\$140.00 starting April 1st**. Each participant will receive a basketball and a camp T-shirt. To register, visit www.hogancamps.com, or call the Parks and Recreation Department Office at 527-4722 for further information.



SEACOAST UNITED SOCCER CAMP: This camp will be held at the Gilford Village Field the week of **July 20th – July 23rd** for youth from ages 3 to 14.

Children ages 3 – 5 Grassroots Camp: 9:00 AM - 9:45 AM	Cost: \$90.00
Children ages 6 – 14 Half Day Camp: 9:00 AM - 12:00 PM	Cost: \$185.00
Children ages 6 – 14 Full Day Camp: 9:00 AM – 3:00 PM	Cost: \$265.00



Register online at www.seacoastunited.com/programs/camps. The camp fee includes instruction, a camp t-shirt, and a soccer ball. All participants should plan to bring a bottle of water and a snack to camp each day. This camp is a fantastic way for your children to be introduced to Seacoast United's fun developmental approach to the game of soccer. Their professional, dedicated, full-time coaching staff will offer sessions full of fun technical challenges and game play. These Soccer Camps appropriately challenge players in a fun learning environment while developing important individual skills. These classes then incorporate their skill work into fun games and activities for younger players and scrimmage play for older players, allowing all players a chance to recognize how their confidence with the ball relates to game play situations and success!

WICKED COOL FOR KIDS Hogwarts STEAM Express:



Hogwarts STEAM Express - The camp will be held the week of **August 3rd – August 7th** in the Gilford Middle School Cafeteria and is open to youth entering Grades 1 – 5 in the fall of 2025.

Full Day (9:00 AM – 4:00 PM) **Cost: Full Day - \$445.00**

Full Day Option: NEW Full Day wizards will experiment with the magical Kiwi Kit *Slime Circuit* Crate. Afternoon free choice STEAM activities include spellbinding glow in the dark jewelry, custom wands, feather quills and bubbling potion experiments.

WICKED COOL FOR KIDS Design and Build Workshop:



Design and Build Workshop - The camp will be held the week of **August 10th – August 14th** in the Gilford Middle School Cafeteria and is open to youth entering Grades 1 – 5 in the fall of 2025.

Full Day (9:00 AM – 4:00 PM) **Cost: Full Day - \$445.00**

Full Day Option: NEW Afternoon designers will delve into sustainable energy by building a Kiwi Crate *Solar Crayon Recycler*, transforming old crayon bits into new creations. Enjoy an afternoon of fun free-choice STEAM activities that will include building challenges, painting projects, and design opportunities to spark creativity and innovation.



GILFORD BEACH

Gate and restrooms are open daily 9:00 AM - 9:00 PM from **Saturday, June 20th through late August**. The dates and times of gate closure are subject to change due to weather or other extenuating circumstances.

SWIM LESSONS – Red Cross Learn to Swim Program **Ages 3 and Up – All Levels**

Sessions are held 5 days a week, **Monday through Friday**. To register, please visit the Parks and Recreation Office starting June 2nd beginning at 8AM. If you stop by and the office is unattended, kindly leave your registration in the drop slot located on our office door. Registrations will also be accepted at the beach, beginning June 20th, once we are open and fully staffed.



Please note, space is limited, and registration will be processed on a first-come, first-served basis

Session I: June 29th – July 17th, 2026

Session II: July 20th – August 7th, 2026

Registration fee is **\$35.00 for the 1st child** in the family, **\$20.00 for 2nd child** in the same family **and \$15.00 for each additional child** in the same family per session.

ARTS AND CRAFTS PROGRAM - Tuesday and Thursday mornings from 10:00 AM -12:00 PM (weather permitting) from **June 30th to August 6th**. For children of all ages (Crafts are geared toward ages 5 and up, but younger participants are welcome with parental assistance). Register at the beach beginning June 20th from 9:00 AM - 5:00 PM or register the day of the program. Registration fee is **\$30.00** for the 6-week program (\$3.00 per session if you pay on a daily basis).



SUMMER BEACH YOGA PROGRAM- Gilford Parks and Rec is partnering with Renee Cupples, E-RYT500 Certified Yoga Instructor, to run a 6-week Yoga for All Ages Program! This is located at the Gilford Town Beach which is on Varney Point Rd. This will be taking place on Tuesday mornings and Thursday evenings from **July 7 - August 13, 2026** (Session dates may be extended to accommodate cancellations). Tuesdays will be from 9:30 AM - 10:30 AM and Thursdays from 6 PM – 7 PM. The registration fees are **\$60.00 for 6 classes** or **\$15.00 for a daily drop-in fee**. Participants should plan to bring their own yoga mat or towel to use each class. Participants can register in advance at the Gilford Town Beach or the Gilford Parks and Recreation Office. For more information contact the Parks and Recreation office at (603)-527-4722.



STORYTIME AT THE BEACH! – Wednesday afternoons at 12:00 PM, from **July 1 – July 29**. For children of all ages (target audience is pre-school through 4th grade). Join J'Lillian from the Gilford Library and take a quick break from swimming and enjoy a weekly story! In the event of inclement weather, story time will be held at the Gilford Library.



GILFORD COMMUNITY BAND CONCERT SERIES: Sponsored by the Parks and Recreation Department, the Gilford Community Band performs a series of summer concerts at the Gilford Village Field Weeks Bandstand (rain location will be Gilford High School Auditorium). The concerts will be held on Wednesday evenings: July 8th, July 22nd, August 5th, and August 19th. Concerts will be held at 7:00 PM and they are free to the public. And as always, the band will perform at the bandstand at 8:00 PM on **Gilford Old Home Day, August 29th**. Grab your lawn chair or blanket and come join us for some great entertainment!



GILFORD OLD HOME DAY CELEBRATION!:

Join us this year on **Saturday, August 29th** for our Annual Old Home Day celebration! This year's theme is '**Gilford, No Place Like Home**'. A great annual tradition - featuring a pancake breakfast, parade, food and craft booths, entertainment, games and field events, road race, band concert, dance and FIREWORKS!!! Guaranteed to be a fun and memorable day for one and all! Advertisers in our program booklet are always welcome. Forms/Applications (Ad, Vendor, and Parade) and additional information can be found on the Parks and Recreation Department's website, www.gilfordrec.com. Volunteers are still needed to assist with the event - call the Parks and Recreation Department Office if you are interested in getting involved and lending a hand.



VOLUNTEERS are always needed, year-round, for many of our programs and special events. If you would like to give of your time and/or talents, or if you have any ideas or suggestions for programs you might like to see, please call the Parks and Recreation Department Office. **Volunteers and ideas are always welcome!**

The Parks and Recreation Department constantly strives to provide and maintain high quality, year-round programs, activities, and facilities for people of all ages and abilities. We try to keep all program fees at an affordable level. Discounts and scholarships are available for most programs, in the hope that no one will be denied participation in a program or activity due to an inability to pay any fee.



GILFORD PARKS AND RECREATION DEPARTMENT FACILITIES:

- 1. GILFORD BEACH** (13 acres) - located on Varney Point Road. 1800 feet of shorefront on Lake Winnepesaukee for use by all Town resident/taxpayers. The brand-new facility includes a concession stand, restroom/changing facilities, swim raft, basketball court, volleyball court, playground equipment, picnic area/cookout facilities, and parking.
- 2. GILFORD VILLAGE FIELD** (28 acres) - located on Belknap Mountain Road. Facility includes four lighted tennis courts, a lighted basketball court, a soccer field, two baseball diamonds, dugouts, bleachers, playground equipment, picnic area, bandstand, and storage buildings.
- 3. STONEWALL PARK** (9 acres) - located on Stone Road. Facility includes an enclosed baseball diamond and dugouts, bleachers, storage building, well, and parking.
- 4. LINCOLN PARK** (1 acre) - located on Belknap Point Road. Facility includes scenic waterfront on Lake Winnepesaukee, picnic area, and parking.
- 5. ARTHUR A. TILTON GILFORD ICE RINK** (3 acres) - located on Varney Point Road. Facility includes an outdoor covered ice-skating rink as well as pickleball courts with lights (approx. 185' x 85') with a concrete surface, storage building with a locker room, well and parking.

"We don't stop playing because we grow old. We grow old because we stop playing."